



# **PROGRAMA DE ÁRBOLES FAMILIARES**

Assessing Risk of Breast Cancer  
Through Outreach to Latinas With  
Education and Support

Online Training Manual  
May 06, 2019-August 18, 2019





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# ÁRBOLES Overview

## Training Description

### Welcome to the ÁRBOLES training!

This is a 16 week training from May 06, 2019- August 18, 2019. You will be expected to spend approximately 1-2 hours every two weeks on the course:

- About 20-30 minutes watching the lecture
- About 5-10 minutes completing the module evaluation
- About 1-2 hours over the course of 16 weeks to prepare for and create the project assignments
- There will be two synchronous discussions to facilitate communication on training topics with other course participants and training faculty and previous trainees.
- These discussions are mandatory in order to complete the training
- Please note, due dates may be subject to change. Please make sure to visit our website [www.arbolesfamiliares.org](http://www.arbolesfamiliares.org) for any updates

### Participation Requirements

Before you begin the ÁRBOLES training, please make sure you have:

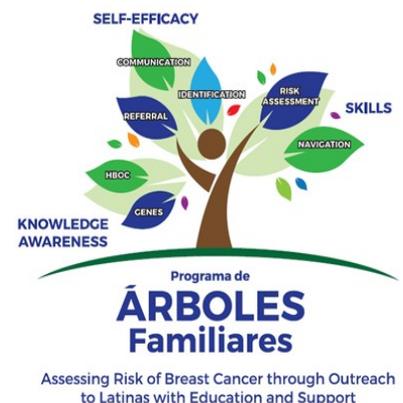
- Completed the in-person workshop
- An account for access to the ÁRBOLES training website (My Training webpage) at [www.arbolesfamiliares.org](http://www.arbolesfamiliares.org)

### If you have questions about the training, contact:

Please do not hesitate to contact an ÁRBOLES team member if you have any problems at:

[admin@arbolesfamiliares.org](mailto:admin@arbolesfamiliares.org)

877-201-4703





# Training at a Glance

## 2019



Module	Tasks	Assessments and Assignments	2019		
			May Due Dates	June Due Dates	July Due Dates
<b>Session 1: May 06- May 19</b> <i>Identifying community members at increased risk for HBOC</i>	<ul style="list-style-type: none"> <li>Review training manual</li> <li>View lecture</li> <li>Complete module evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Module evaluation</li> </ul>	19		
<b>Session 2: May20- June 02</b> <i>Communicating about genetic risk for cancer through group and individual community education</i>	<ul style="list-style-type: none"> <li>View lecture</li> <li>Complete module evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Module evaluation</li> </ul>		02	
<b>Session 3: June 03- June 16</b> <i>Identifying local genetics professionals, services</i>	<ul style="list-style-type: none"> <li>View lecture</li> <li>Complete module evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Module evaluation</li> </ul>		16	
<b>Synchronous discussion 1: June 17- June 30</b> <i>Identifying local genetics professionals, services</i>	<ul style="list-style-type: none"> <li>Synchronous discussion</li> <li>Evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Attend Synchronous discussion</li> <li>Evaluation</li> </ul>		30	



# Training at a Glance

2019

Module	Tasks	Assessments and Assignments	2019	
			Jul Due dates	Aug Due dates
<b>Session 4 : July 01- July 14</b> <i>Providing referrals and navigation to genetics services</i>	<ul style="list-style-type: none"> <li>View lecture</li> <li>Complete module evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Module evaluation</li> </ul>	14	
<b>Synchronous discussion 2: July 15- July 28</b> <i>Accessing Resources to Facilitate Referral of Latinas at-Risk for HBOC</i>	<ul style="list-style-type: none"> <li>Synchronous discussion</li> <li>Evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Attend Synchronous discussion</li> <li>Evaluation</li> </ul>	28	
<b>ÁRBOLES Project: July 16- August 11</b> <i>Branching out from ÁRBOLES: Creating a Guide for the Community</i>	<ul style="list-style-type: none"> <li>Work and turn in project</li> </ul>	<ul style="list-style-type: none"> <li>Turn in project</li> </ul>		11
<i>Submission week: Aug 12- Aug 18</i>	<ul style="list-style-type: none"> <li>Submit missing assignments</li> <li>Complete post-test</li> </ul>			18

\* May be subject to change



## **Session 1: *Identifying Community Members at Increased Risk for HBOC***



### **To do:**

- Thoroughly review syllabus and project assignment
- Complete module evaluation
- Watch lecture by Dr. Galen Joseph

### **By the end of this session you will be able to:**

- Describe key components of a successful program to identify individuals at risk for HBOC in the community
- Discuss strategies to overcome barriers to identification of individuals at increased risk of HBOC in the community

## **Session 2: *Communicating about Genetic Risk for Cancer through Group and Individual Community Education***



### **To do:**

- Complete module evaluation
- Watch lecture by Dr. Fern Tsien

### **By the end of this session you will be able to:**

- Share approaches for explaining genetic information to lay audiences (e.g., community members, patients).
- Identify strategies to engage students, health professionals, and faculty in delivering community education about genetics.
- Discuss cultural considerations when educating Spanish-speaking populations about genetic risk of disease.

## Session 3: *Identifying Local Genetics Professionals, Services*

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### **To do:**

- Complete module evaluation
- Watch lecture by Beth Peshkin

### **By the end of this session you will be able to:**

- Describe the typical role of a genetic counselor
- Describe what takes place during a genetic counseling session.
- Create a strategy for how to identify local or regional genetic counselor or genetics professional

## **Synchronous Discussion 1: *Identifying local genetics professionals, service/ Talk with a Genetic Counselor***

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### **To do:**

- Synchronous discussion lead by Katie Fiallos and Charité Ricker

### **By the end of this session you will be able to:**

- Describe the typical role of a genetic counselor
- Describe what takes place during a genetic counseling session.
- Create a strategy for how to identify local or regional genetic counselor or genetics professional
- Discuss topics raised during interview with a genetics professional

## **Session 4: *Providing Referrals and Navigation to Genetics Services***



### **To do:**

- Complete module evaluation
- Watch lecture by Bitá Nehoray

### **By the end of this session you will be able to:**

- Develop a plan for identifying bilingual professionals who can provide genetics services.
- Develop a local guide for providing navigational services for women seeking genetics services

## ***Synchronous Discussion 2: Accessing Resources to Facilitate Referral of Latinas at-Risk for HBOC***



### **To do:**

- Synchronous discussion led by previous trainee

### **By the end of this session you will be able to:**

- Create a strategy for how to identify local or regional genetic counselor or genetics professional
- Develop a plan for identifying bilingual professionals who can provide genetics services.
- Develop a local guide for providing navigational services for women seeking genetics services



# Training Project: Branching out from ÁRBOLES: Creating a Guide for the Community

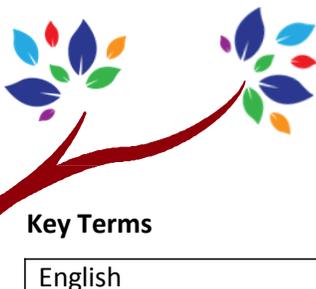
**Objective:** The purpose of this assignment is for you to create a bilingual guide with referrals, terms, and topics necessary to communicate with at risk Latina community members. The guide can include information learned from the in person training, modules, or interview with the genetic counselor.

**Method:** You will create a quick reference guide to use when identifying and interacting with at risk Latina patients. The guide will serve as a way for you to remember what information is essential, such as family history, answer questions, and refer patients to the correct professional. The guide should consist of 1-2 pages with terms, resources, assessment tools and referrals relevant to the community you serve.

**Deliverable:** Submit 1-2 page guide using the upload assignment feature.

**You will be starting this project during our in-person training**

**Please name your assignment Last Name First Name Guide".**



## Key Terms

English	Spanish
Genealogy	Arbol familiar
Egg	Óvulo
Sperm	Espermatozoide
Chromosome	Cromosoma

NIH Glosario Habldo de Términos Genéticos: <http://www.genome.gov/GlossaryS/>

## Family History

Family Health History Initiative (Spanish PDF):

<https://www.hhs.gov/sites/default/files/familyhistory/portrait/portraitsp.pdf>

## Financial Assistance

Laboratory/Resource	Financial Assistance
Invitae	Invitae has a patient access program and a financial assistance plan to reduce patient out-of-pocket costs. For patients who are uninsured testing is free once they have validated their low income/no income via pay stub or signed letter. <a href="https://invitae.com/en/billing/">https://invitae.com/en/billing/</a>
Ambry Genetics	Ambry offers a formal financial assistance program. For the non-insured and in cases meeting their financial assistance program criteria, Ambry offers a significant discount off of their institutional rates with payment plan options. For the under-insured and in cases that meet Ambry's criteria, patient out of pocket expense is limited to \$100. <a href="http://www.ambrygen.com/financial-assistance-program">http://www.ambrygen.com/financial-assistance-program</a>
GeneDX	GeneDx offers a financial assistance program, which offers patients a discounted out of pocket cost based on their financial standing. In addition, they offer Compassionate Care pricing if: ● Patient holds Medicaid insurance but the test is not covered by Medicaid ● Patient holds Medicare insurance but the test is not covered by Medicare ● Patient holds Tricare insurance but the test is not covered by Tricare ● Patient's annual household income is less than 4 times the federal poverty guideline <a href="https://www.genedx.com/billing/financial-aid/">https://www.genedx.com/billing/financial-aid/</a>
Quest Diagnostics	Quest Diagnostics provides financial assistance to those who are underinsured or have no insurance coverage. Underinsured or uninsured persons who



## Genetic Counseling Guide

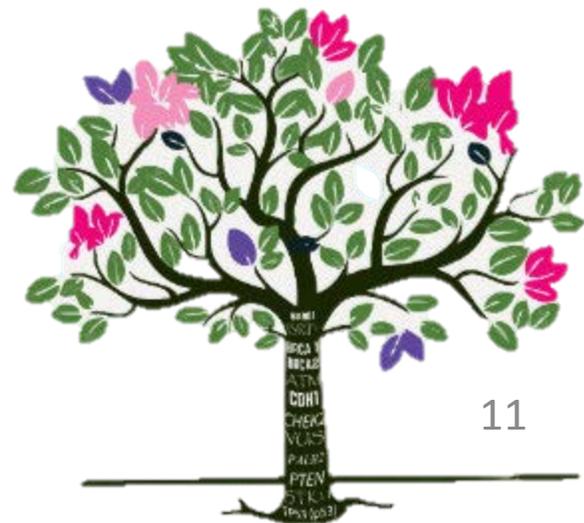
	<p>meet income requirements will qualify for a maximum out-of-pocket expense of \$200. Quest Diagnostics also offers a 12 month payment plan with no interest. The following tests qualify for Quest Diagnostics financial assistance program: <a href="http://www.brcavantage.com/provider-resources/reimbursement-support-financialassistance/">http://www.brcavantage.com/provider-resources/reimbursement-support-financialassistance/</a></p>
<p>Myriad Genetic Laboratories</p>	<p>Myriad offers genetic testing at no cost to patients who are uninsured, meet medical criteria (NCCN criteria) and the low income requirements household (incomes up to 300 percent of the Federal poverty level). Due to regulatory limitations, patients who are recipients of government funded programs (e.g., Medicaid, Medicare, MedicareAdvantage, and Tricare) are not eligible to apply for MFAP. Myriad also provides financial assistance up to \$100 to reduce out-of-pocket costs for underinsured patients in the U.S. Telephone line and some documents in the web also in Spanish <a href="http://www.myriad.com/myriad-cares-2/financial-assistance-program/">http://www.myriad.com/myriad-cares-2/financial-assistance-program/</a> Telephones: 844-MYRIAD9 (844-697-4239), (800) 4-MYRIAD (800) 469-7423 Email: <a href="mailto:billing@myriad.com">billing@myriad.com</a>.</p>
<p>Susan G. Komen for the Cure</p>	<p>Some affiliates fund local programs which provide genetic testing to uninsured or underinsured people. <a href="http://www.facingourrisk.org/understanding-brca-and-hboc/information/finding-healthcare/financial-help/basics/financial-assistance-for-genetic-testing.php#text">http://www.facingourrisk.org/understanding-brca-and-hboc/information/finding-healthcare/financial-help/basics/financial-assistance-for-genetic-testing.php#text</a></p>

### Genetic Counseling

#### Moffitt Cancer Center

- Laura Barton, CGC
- [Laura.Barton@moffitt.org](mailto:Laura.Barton@moffitt.org)
- (813) 745-8378

National Society for Genetic Counselors: [www.nsgc.org](http://www.nsgc.org)



# Submission Week

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This submission week was built in to give extra time to complete and submit course requirements. You can turn in your project ahead of time, if you chose. If at any point in the course, you think you will have difficulty meeting these deadlines, please contact the program coordinator:

**Laura Moreno**

**[Laura.Moreno@moffitt.org](mailto:Laura.Moreno@moffitt.org)**

**813.745-6540**

## **Ensure all training activities are complete:**

- Watch lectures
- Participate in the synchronous discussions
- Complete pre/post test
- Complete modules evaluations



# Continuing Education Units

- We will be providing CEU's for attending and completing the **entire** in-person and online training
- As a reminder to qualify for CEU's you will have to complete the following
  - 1.5 day in-person training
  - 4 online module with the respective pre-and post test
  - 2 mandatory synchronous discussions
  - Training Project: Creating a Guide for the Community
  - Program Evaluation
  - Please keep checking our website for any updates on CEUs:  
[www.arbolesfamiliares.org](http://www.arbolesfamiliares.org)

